



MEETING THE NEEDS OF OLDER PEOPLE

(Link to Dacorum Partnership Website)

OUR VISION: To enable Older People to live in health, happiness and dignity and to be active citizens

How will we do this? By ensuring equal access to opportunities and services, enabling older people to have informed choices and to contribute to our community

Theme Lead Forum: Dacorum Healthy Communities and Older People Forum

To deliver our aims we will:

- Provide choices for older people to access the services they want and need
- Ensure that Older People are informed, consulted and involved through an 'Older People's Forum'
- Encourage opportunities for participation
- Share good practice with partners about meeting the needs of, and involving, older people
- Clearly identify the needs of the older person


Our Sustainable objectives include:

- Encouraging inter-generational activities
- Starting an 'older people's forum' focusing on the needs of older people
- Developing training and consultation projects with older people
- Engaging young people / schools in researching the needs of older people through links with the Dacorum Children's Trust Partnership
- Encouraging recognition of the contribution made by older people
- Encouraging better provision for older people particularly in leisure & training facilities
- Facilitating better public transport for older people
- Encouraging a culturally sensitive 'meals on wheels' type service

How we'll measure our progress:


Local Indicator

Developing a forum involving 40 older people and 5 key members




Local Indicator

Developing the forum and identifying needs



Local Indicator

Completing the first 'Older People's Forum' action plan



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www.dacorumpartnershipnews.org.uk

OUR AIM: To enable older people to live in health, happiness and dignity and to be active citizens

How will we do this? By ensuring equal access to opportunities and services, enabling older people to have informed choices and to contribute to our community

Theme Lead Forum: Dacorum Healthy Communities and Older People Forum

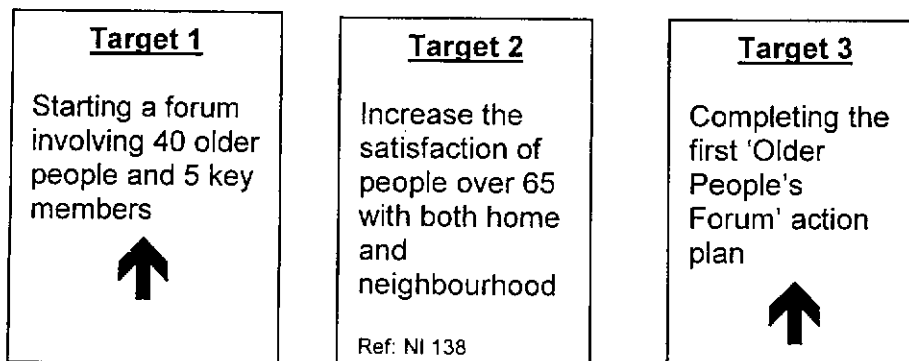
To deliver this aim we will:

- Provide choices for older people to access the services they want and need
- Ensure that older people are informed, consulted and involved through an 'Older People's Forum'
- Encourage opportunities for participation
- Share good practice with partners about meeting the needs of, and involving, older people
- Clearly identify the needs of the older person

Our actions will include:

- Encouraging inter-generational activities
- Starting an 'older people's forum' focusing on the needs of older people
- Developing training and consultation projects with older people
- Engaging young people and schools in researching the needs of older people through links with the Dacorum Children's Trust Partnership
- Encouraging recognition of the contribution made by older people
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How we will measure our progress:





IMPROVING SOCIAL CARE AND HEALTH **(www.wherts-pct.nhs.uk) & the 'Public health report'**

OUR AIM: To provide a healthy and caring environment where people can live an independent, safe and fulfilling life

How will we do this? Through working in partnership to eliminate social care and health inequalities

Theme Lead Forum: Dacorum Healthier Communities and Older People Forum

To deliver this aim we will:

- Make better provision for young people's health
- Provide better education on health and social care issues
- Build locally relevant services meeting the current and future needs of the community
- Listen and respect individuals
- Encourage involvement in decision-making
- Provide localised health support for individuals after diagnosis
- Take a full part in proposals for healthcare changes in the area

Our sustainable objectives include:

- Working towards resolving health inequalities in our community
- Developing integrated service delivery through one-stop shops, multi-tasking teams and sharing learning
- Improving awareness of availability through an 'older people's information pack'
- Encouraging appropriate and effective locally based health care provision across the Borough
- Encouraging healthy lifestyles including 'fitness for life' & reducing preventable health problems
- Co-ordinating work in the most disadvantaged areas to improve health
- Improving awareness of the impact of mental health in our community

How we'll measure our progress:

LAA target H-B4

Adults aged 45+ participating in at least 30 minutes moderate intensity sport and active recreation (including recreational walking and recreational cycling) on 3 or more days a week

↑4%

NHS Health Profile 14

To increase the number of adults who eat healthily from a local value of 22.9 to meet the national average value of 23.8



NHS Health Profile 15

To increase the number of adults participating in physical activity from a local value of 10.3 to a national average of 11.6

